

Maybanke Matters

www.maybanke.org.au

Providing safe spaces to thrive,
connection to community, and
increased awareness



President's Update - Forging ahead with purpose.

As we journey through this year, I'm pleased to reflect on Maybanke's remarkable progress. Our refuge team's tireless dedication continues to empower women and children, guiding them towards brighter futures. Behind the scenes our Management Committee has been hard at work. We've proudly launched our own website and are about to unveil a history book, honouring Maybanke's legacy.



Please save the date for our Annual General Meeting in October – an opportunity to thank you in person for your invaluable support.

If you're inspired to get more involved, explore membership, committee roles or innovative support avenues, please reach out to us at president@maybanke.org.au to share your ideas.

Thank you for being the heart of Maybanke. Together, we catalyze change.

Warmly,
Jacky
President, Maybanke Association





**Maybanke
Association Inc.**

EMPOWERING WOMEN & BUILDING INDEPENDENCE



New Website Now Live!

One of the goals of our current Strategic Plan is to have a Maybanke website and we're delighted to let you know that our website is now live! www.maybanke.org.au.

Many thanks to NTech Media and particularly Lenny Stewart who have supported Maybanke with this project.

Please check it out.

An Invitation...

Annual General Meeting

Wednesday 25th October 2023 7pm Redlands RSL Cleveland

You are invited to attend Maybanke Assoc. Inc's AGM, please come along to learn more about Maybanke and the work we do. It is also an opportunity for us to thank our supporters so we would be delighted to see you. If you are already a supporter, you might be interested in becoming a member of Maybanke Association.



Membership entitles you to vote at the AGM. You can join on the night or before by completing and returning the attached form (at the end of the newsletter) or completing the online membership form at: <https://forms.gle/zhPrtS2egefnXXaLA> Current membership fees are: Individuals: \$15. Student/Pensioner: \$10.

If you plan to attend the AGM do please RSVP to help with catering. RSVP form available at: <https://forms.gle/hghLgD8TZuzAgTgb6> or email the office at: admin@maybanke.org.au

We look forward to seeing you.

MAYBANKE MATTERS



FROM CRISIS TO CONFIDENCE: REBUILDING LIVES THROUGH COMPASSIONATE ASSISTANCE

Susan and her two young children were referred to Maybanke Accommodation and Crisis Support Service by DV Connect after experiencing ongoing and escalating Domestic Violence from Person Using Violence (PUV) and biological father of her two children.

Susan was immediately supported with safe accommodation away from the PUV. Susan has been subject to physical, verbal, emotional and psychological abuse, including Coercive Control and threatening behavior. Susan had her phone taken from her and smashed which limited her communication and isolated her from external support. Susan's two children have both been exposed to Domestic Violence from the PUV.

Susan was traumatized when she arrived at the refuge and required wrap around support. She was supported with settling in with the children and having some breathing space to process that her and the children are now in a safe environment. She was provided with Emergency Relief Vouchers and assisted with transport and shopping. We also requested material aid through Baby Give Back to supply Mum with nappies, formula, and clothing for the children. Mum also has accessed donated frozen meals regularly, that are given to us by a local church group to also alleviate costs for food and save time cooking. This all helped to support her with relieving some financial pressures, as she came to us with significant debts. Referrals were made through our local community centre to help her manage her finances and set up affordable payment plans for prior debts.

Susan has required a lot of emotional support and accessed on-call many times to de-escalate her high state of anxiety and trauma.

Susan was supported by a DVO Application that was granted for 5-years that included the children. She was also referred to Family and Child Connect (FACT) for additional support. FACT have continued to support Susan and the children on a weekly basis and she has really plugged into accepting their help.

Maybanke's Child Support Worker K (CSW) supported with sourcing and enrolling children into daycare which assists her greatly with attending necessary appointments and housekeeping duties. CSW K advocated and supported getting Additional Child Care Subsidy that provides free childcare for children at risk. Regular childcare has allowed the children to develop their, social, and emotional skills, and support to assist with their learning. Susan is often supported with transporting children to and from daycare. CSW K has provided support on parenting education and behavior support, including day to day requirements bringing up small children.

Support was given to correct Susan's Centrelink entitlements and to ensure she was on correct payments, including application for a Crisis Payment. Susan was referred to the Centrelink Social Worker who granted Crisis Payment and exemption from seeking Child Support due to high risk.

Referrals were made to Budget Counselling, Psychologist, Parenting Program, BABI, and Housing Support.

Susan's car has broken down on numerous occasions and we have assisted with sourcing mechanic, tow truck and transport. She has also been assisted with car registration due to the ongoing costs of repairs.

Susan has become more empowered and in control of her life with a focus on the wellbeing of her children and making huge improvements to manage her own mental health.

With the continued support from Maybanke she has achieved so much, and the children appear more relaxed and settled. We see smiling faces from them all with gratitude for the support they've received. In addition to all the support detailed Maybanke purchased a double stroller for the family and Mum was very happy with it. She is able to now take her 2 small children to the park. "Thank you so much the pram is better than I ever thought I am so grateful."

Susan has now been offered a property through Community Housing and will be supported with signing up procedures, Bond Loan, Rental Grant, and Rent Assistance. Susan will be supported with a referral to Friends with Dignity facilitated by staff to furnish and set up her new home.

Susan has also just secured a traineeship.

The support provided through Maybanke has helped to set her up for long term success.

Susan expressed her excitement and is looking forward to moving into her new home with her children and starting the next chapter of her life.

Maybanke -A Story of a Refuge

The Management Committee authorised the research and a book to be written outlining the history of Maybanke. This involved an in-depth exploration of the available Maybanke archives, as well as engaging in conversations with a diverse group of current and former Management Committee members and dedicated staff. The Association secured a grant from the Redland Mayor and Councillors Community Benefit Fund to cover printing costs. The book: Maybanke – Story of a Refuge -will be launched at the 2023 AGM, we hope you can join us.



Donations & In-kind Support...

Lions Club Capalaba & Broken to Brilliant

Recently we received a set of Broken to Brilliant books which feature stories of strength and success from survivors of Family & Domestic Violence. The printing of the books was funded through a grant provided by the Lions club of Capalaba to Financial Superwomen who work with the team at Broken to Brilliant and run workshops which empower women to be financially secure and stable.

Your support greatly enhances the assistance we can offer to the women and children staying at the refuge



Redlands RSL Cleveland

Earlier this year we received a donation from the David Whitehead Memorial Fund. David was Treasurer of the RSL and the fund is set up in his memory. The funds raised at a Golf Day were shared between three local charities. In addition to this donation, we appreciate the ongoing support from the RSL who provide us with access to a meeting room for our monthly Management Committee meetings.

Did you know Maybanke has DGR status? So financial donations can be tax deductible. Please get in touch if you would like more information.



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Call For Expressions of Interest...

As an incorporated association Maybanke's governing body is the Management Committee and we are calling for EOI to join the Management Committee at the AGM. If you wish to make a difference and support those affected by Family & Domestic Violence locally, please contact Jacky to get more details and have a chat.

president@maybanke.org.au

MAYBANKE ASSOCIATION INC
Maybanke Accommodation & Crisis Support Service (MACSS)
ABN: 17 817 961 769
Ph: 3824 3901 Fax 3820 2275

APPLICATION FOR MEMBERSHIP

MISSION STATEMENT

To offer services within a feminist/social justice framework to women and their children who have experienced domestic violence, thereby empowering them to make informed decisions about their own lives.

Name

Address

Phone

Email

Date

Signed

Membership Fees:

Individuals	\$ 15	Student/Pensioner	\$ 10
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I am in agreement with the aims and objectives of Maybanke Association Inc and undertake to abide by the rules and regulations set forth in the constitution. I also agree not to make known publicly any information which could be detrimental to the organisation and its members, for the safety of women and their children.

Please return this form by mail or email to:

Maybanke Association Inc
PO Box 524, Capalaba, Q 4157
admin@maybanke.org.au

Payments can be made by mail or by depositing funds into our account using your name as reference no.

BSB: 124 024 Account No: 12289225

A copy of the constitution is available on request
Members names are recorded in a membership register

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